

A – Z of Hillingdon Community Health Services – Easy Read

SERVICE

CONTACT FOR INFORMATION

Community Matrons

Nurses who help you stay well if you have lots of illnesses



Tel: 01895 488820

Community Children's Nursing Team

Nurse children at home



Tel: 01895 279227

Community Paediatricians

Doctors that look after children (children's doctors)



Tel: 01895 279818

Contraceptive and Sexual Health Service (CASH)

Will talk to you about having sex and keeping safe



Tel: 01895 488850

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Community Rehabilitation

Will help you to get better if you keep falling down or if you have problems with swallowing



Tel: 01895 488701

Continence

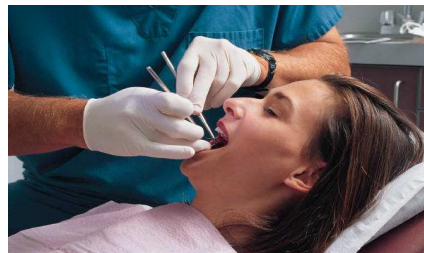
Will help you if you have problems with going to the toilet



Tel: 01895 485100

Community Dental Referral Service

Will help you if you have problems with your teeth and gums



Tel: 01895 488620

Diabetes

Will help you to look after your diabetes



Tel: 01895 485001

District Nursing

Will look after you if you are ill and can't get out of the house



Tel: 01895 484870

Message Service
Tel: 01895 234001

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EPIOC & Wheelchair Service

Will help you if you need a wheelchair



Tel: 01895 484881

Health Visiting

Will visit you or see you in a clinic to help you look after your baby or child



Local clinics (see clinic list for relevant clinic contact telephone number)

Heart Failure Service

Will help you if you have heart problems



Tel: 01895 484810

HCIL (Hillingdon Centre for Independent Living)

Will help you chose equipment that will make living at home easier like handrails or bath seats



Tel: 01895 484880

Immunisation Task Force


Will help your children get injections to keep you all healthy



Tel: 01895 485200

Helpline:
Tel: 07958 073089

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<p>Northwood & Pinner Community Unit</p> <p>A special ward for people too sick to be at home but not sick enough to be in hospital</p>		<p>Tel: 01923 844226</p>
<p>Paediatric Occupational Therapy</p> <p>Helps children with their daily activities</p>		<p>Tel: 01895 279209</p>
<p>Palliative Care Team</p> <p>Helps people who are very ill be as comfortable as possible</p>		<p>Tel: 01895 279412</p>
<p>Physiotherapy</p> <p>Will help you to stay mobile and help you with exercise</p>		<p>Adults: Tel: 01895 485015 Children: Tel: 01895 279473</p>
<p>Podiatry</p> <p>Help you if you have problems with your feet or toe nails</p>		<p>Tel: 01895 484870</p> <p>Appointment queries: Tel: 01895 485005</p>

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Rapid Response

Will help you if you get very unwell at home but don't need to go to hospital



Tel: 01895 628816

Out of hours:
Tel: 01895 644546

Safeguarding Adults

Will help you if someone is hurting you or calling you names or not treating you properly



Tel: 01895 488241

Safeguarding Children

To help you if someone is hurting your child your calling them names or not treating them properly



Tel: 01895 488243

School Nursing

Go into your school to help keep you healthy and give you advice like how to eat properly



Minet Clinic :
Tel: 01895 484830
Laurel Lodge:
Tel: 01895 484870
Eastcote Health
Centre:
Tel: 01895 488810

Speech & Language Therapy

Can help you with:

1. Communication
2. Eating, drinking and swallowing problems



Childrens :
Tel: 01895 488200
Adults:
Tel: 01923 844457

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TB Services

Helps you if you have TB



Tel: 01895 488228

Tissue Viability

Help you if you have a wound like a leg ulcer



Tel: 01895 485002